

Chalk and Cheese Bed and Breakfast – Shouldham

Welcome and Information

Welcome to the Chalk and Cheese. We look forward to hosting you and hope that you have a wonderful stay with us. Should you have any questions or concerns not covered by our “A to Z” please do not hesitate to ask.

Andrew and Bridget Archibald

The History

The Chalk and Cheese is a converted Victorian primary school with additions such as the dining orangery and garden buildings. The original building was erected in 1866 and was all at one level. Some of the original dividers from the main double classroom can now be seen as part of the divider for the hall and kitchen. Near the bottom of the stairs is a collage of pictures taken when it was a functioning school. We also have an album you can view recording the conversion from school to residence in 2001/2.

Information : A to Z

A	Auctions Norfolk is very well served for a range of auctions. The closest of these is Barry Hawkins at Downham Market where there are general auctions on the first and third Wednesday of each month. There are also weekly auctions at Aylsham and Watton as well as some even more “local” ones. If you are interested in more information Bridget will be delighted to provide this as she is a frequent visitor to them!
B	Breakfast We provide fruit juice, fresh fruit, cereals and yoghurts followed by a full freshly cooked breakfast service with vegetarian options at a time to suit you. Generally this is served between 7.30 and 9.30 am. Other options are an earlier continental or a packed breakfast say if you need to get to work or just have an early start – just let us know your requirements Bar We are a fully licensed establishment and are happy to serve you from our specialist range of beers, lagers and ciders, premium gins, malt whiskies, wines and many other choices. If at any time you fancy a drink but we are not around please feel free to help ourselves leaving a note in the bar honesty book next to the till. Beaches Sadly we have none within walking distance (!) however there are lovely beaches to enjoy at Old Hunstanton or further along the North Norfolk coast at Brancaster, Holkham, Wells or Cromer Buses Monday to Saturday every 90 minutes there is a (No. 39) bus from outside the gate or the pub to King’s Lynn. Takes around 30 minutes.

<p>C</p>	<p>Check in and out Check in is from 4 pm although you are welcome to leave your luggage with us earlier and of course to have access to the room should it be ready Latest check out is 11 am. A later check out can be arranged at a charge of £20 per room.</p> <p>Church There are Church of England services taking place both at Shouldham Village Church and others within the same group. Please let us know if you would like us to check the times and locations of services Other denominations and services can be found in King’s Lynn, Cambridge and Norwich</p> <p>Cycles We have cycle and motor cycle secure storage options.</p>
<p>D</p>	<p>Dentists The closest dentist that a previous guest has used is John Holmes Dental Surgery (01760 721335)- other dentists are in King’s Lynn and Downham Market. We use and can recommend Judith Dowds in Cambridge.</p> <p>Doctors Nearest surgery is the Howdale at Downham Market. Please call 01366 383405 for assistance or should your medical requirement be more urgent there is an A & E department at Queen Elizabeth Hospital Kings Lynn. Should you need to call urgently please make use of the land line (situated in the main hallway) as mobile signals in the building can be quite limited.</p> <p>Dogs Dogs are very welcome by prior arrangement. A charge of £10 per dog per night is made and water bowls and covers can be provided if needed. Please do not leave your dog unattended in your room and discourage them from using the furniture! There are some great walks in the area which can be found detailed below</p>
<p>E</p>	<p>Evening meals We recommend the following local inns in the area for lunches and evening meals</p> <ul style="list-style-type: none"> • Kings Arms, Shouldham (01366 347410) • Berney Arms, Barton Bendish (01366 347995) • Hare Arms, Stow Bardolph (01366 382229) <p>If you would prefer to eat in we can provide heated plates and cutlery and we recommend the following take away establishments</p> <ul style="list-style-type: none"> • Marham Chinese, Marham (01760 337461) • Rodwells Fish and Chip shop, Watlington (07943 844133) <p>If you are arriving late in the evening we can provide a light snack for you please just let us know in advance.</p>
<p>F</p>	<p>Fire If a fire alarm is sounded please take instructions from us or one of our staff or follow the directions on the notice in your room. Assembly is at the front near the gateposts</p>
<p>G</p>	<p>Golf Our area is well served for golf courses. Denver operates a simple pay and play operation. Other courses nearby are Middleton, Ryston, Swaffham and Brancaster. Please let us know if you would like any further information</p>

H	<p>Hairdryer This can be found in the drawer in your room.</p> <p>Hospital As mentioned above the closest A and E department is situated at the Queen Elizabeth Hospital in King's Lynn</p> <p>Heating The central heating will be on during cold weather. If you need any further heating in your room there is a plug in electric heater which you are welcome to use. Please do not place any items on top of the heater. All our bathrooms contain heated towel rails which can be used as required</p>
I	<p>Ironing Board and Iron We can make these available at any time just let us know</p>
J	<p>Jogging If you would like a nice circular route just let us know what distance you would like to do and we will suggest a route for you</p>
K	<p>Keys So that you can come and go as you please we will provide you with a front door key. This is for the "second" door as the porch door is just kept shut but not locked. We will also provide a key for your room. Please remember to give them back when you leave us!</p>
L	<p>Laundry If you would like some washing done we can wash and dry a light load for £10 within 24 hours. There is a Johnsons dry cleaners in Downham Market who we can recommend.</p> <p>Lounge Please feel free to enjoy sitting in our lounge / bar area – we want you to feel at home with us.</p> <p>Lunches Whilst we are not providing lunches as a matter of course we are happy to prepare packed lunches on any day for £7.50 per person. Just let us know the night before.</p>
M	<p>Maps and Guides Please let us know if you need to borrow any maps or guides of the area</p> <p>Markets There are markets in King's Lynn, Downham Market and Swaffham on Friday and Saturday mornings</p> <p>Milk We provide milk sachets but if you would like fresh milk just let us know</p> <p>Mobile signal We are sorry but mobile signals are hit and miss in the school building itself. Our guests generally manage to get a signal by the car park gatepost or on the Green. If you need to make a local call do let us know and we can arrange for you to use our land line. Should you wish to give a contact number if you are meeting up with people then we suggest you give them our land line number (01366 348039) and we will let you know as soon as they call.</p>
N	<p>Needle and thread Sewing packs are in most of the rooms but if you cannot locate one please just let us know and what colour you require.</p>

O	<p>Outside the gate.. A bus can be caught to King’s Lynn or other destinations – please check with us.</p>
P	<p>Packed Lunches We are happy to prepare packed lunches on any day for £7.50 per person. Just let us know the night before.</p> <p>Pharmacy We suggest either Boots or Willows (both in Downham Market) as the closest options</p> <p>Pillows Extra/alternative pillows are available on request</p> <p>Places of interest West Norfolk has much to offer. Great day trips include Sandringham, Oxburgh Hall, Welney Wetlands Centre, Gooderstone Water Gardens, Old and New Hunstanton, Historic King’s Lynn, Norwich and Swaffham.</p> <p>Post Office There is a village post office situated in Westgate Street open Monday to Saturday closed lunchtimes and Wednesday and Saturday afternoons</p> <p>Pub The village has a community owned pub which is in the CAMRA guide and serves lunches and evening meals but is closed for food on Sunday evening and Mondays</p>
Q	<p>Questions?? Always happy to answer your questions! If we are not around do feel free to call us on 07456 513107.</p>
R	<p>Restaurants Please see “Evening Meals” for info</p> <p>Reviews We welcome all feedback and reviews and are always keen to put right anything to improve your stay.</p> <p>Room Servicing Please let us know if you would prefer that we don’t service your room when you are out.</p>
S	<p>Shopping Totenhill Antiques Emporium (as featured on the “Antiques Road Trip”) is only 10 minutes’ drive away and is highly recommended...</p> <p>Marham Spar is the closest supermarket to us otherwise there is a Waitrose in Swaffham and Morrisons and Tescos in Downham Market</p> <p>Downham Market and Swaffham both offer a range of shops with King’s Lynn and Norwich offering a more extensive choice</p> <p>Holt is worth the journey for its boutiques, antique emporiums and wonderful food hall at Larners (Norfolk’s own “Fortnum and Mason”!)</p> <p>Chalkie’s Wee Giftie Shop is opening shortly to provide on site retail of greeting cards, tea towels, mugs, gifts, jewellery and small antiques</p>

T	<p>Taxis We recommend that you book taxis well in advance and we recommend Bishops (07767304684) or we can suggest others if they are fully booked. If you get completely stuck we may be able to assist for a small courtesy charge.</p> <p>Telephone Mobile signals are hit and miss in the school building itself but our guests generally manage to get a signal by the car park gateway or on the Green. If you need to make a local call do let us know and we can arrange for you to use our land line. Should you wish to give a contact number if you are meeting up with people then we suggest you give them our land line number (01366 348039).</p> <p>Television If you need any help operating the television set in your room please let us know and we will be pleased to assist. There is also a TV in the lounge next to the bar which you are welcome to watch if you prefer.</p>
U	<p>Umbrellas We have lots of spares if you need to borrow one for the day</p>
V	<p>Vets If your dog needs assistance we recommend VetsOneGroup (01366 384644) who are nearby and friendly</p>
W	<p>Walks There are lots of walks in the area. We have OS maps that you can borrow If you would like to walk from the Chalk and Cheese we suggest the following options</p> <ul style="list-style-type: none"> • Warren Walk (90 minutes): Turn left outside the main gateway and follow the road round keeping the football pitch to your left. After about a mile you will come to a sharp bend in the road to the right with a dirt track straight on which takes you to the Warren which has several market tracks to choose from • Church Walk (45 minutes): Turn left outside the main gateway and almost straight away go through a kissing gate up the field to the church. There is a pedestrian gate through to the churchyard. Keeping the church on your right take a path through to the fields beyond and walk on the grass paths on the left of the fields and through a copse until you reach a small bridge over a ditch. Then turn back and retrace your steps. NB: Sometimes there is cattle in the field below the church so take extra care. If in doubt or you have a dog with you we recommend the alternative walk up Norwich Road (opposite the chalk and Cheese) turning into the church as signed off the road • Village Walk (20 minutes): Walk across the Green, go through the lobe opposite the King's Arms then after passing the back of the new school turn left to join Westgate Street, walk up to the Bowls Club and football pitch then return to the Chalk and Cheese along East gate Street <p>Water Water is complimentary please help yourselves (the tap water is fine to drink too)</p> <p>Wi-Fi Please use our complimentary wi-fi. Log onto "ChalkandCheese" – password is "chalkandcheese"</p>
X, Y and Z	<p>Any suggestions welcome!</p>